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Laws of Life Essay Topic: Help yourself by helping others

Kotoku Wamura said, “A person’s most useful asset is not a head full of knowledge, but a heart full of love, an ear ready to listen, and a hand willing to help others”. These profound words from this caring Japanese mayor embody my life. Out of my limited resources and short tenure on earth thus far, I have endeavored to generously bless others. These acts of kindness have not only benefitted the recipients but also strengthened my character and skills.

Helping others is a fundamental part of my nature. For example, during the Christmas holidays and bi-annually, I host impoverished children from the inner city at a festive social. Furthermore, I work diligently throughout the school year obtaining A’s to earn a stipend to aid in raising funds needed to defray the costs of these events. Also, last summer, I assisted students having academic challenges by offering peer-tutoring services. Finally, after experiencing first-hand the concerns of students grappling with symptoms due to hot classroom conditions, I organized a charitable “Fan Drive” initiative. This initiative greatly assisted students in having a cooler and more comfortable environment to learn.

As a result of each thoughtful gesture, I found myself becoming more empathetic and aware of social ills which led to a healthier prayer life. Also, my organizational, leadership and hospitality skills were improved. I even became creative, coming up with party themes and activities. More importantly, I felt good about making a difference in other children’s lives. However, no project would have been possible without the unwavering support of my parents. In general, they live a life that epitomizes benevolence. Additionally, the school that I attend encourages the adage of “being our brother’s keeper”. This is one of the reasons the Red Cross is an active club on our campus, of which I am a member.

In summary, I have come to realize that helping others requires love and willingness, yet, it doesn’t deprive you of your resources or dignity. It is a mutual gain for all because you can “help yourself by helping others”, especially through character development skills and self-fulfillment.