Can you imagine living in a world where there are no problems? Life would probably be dull and boring. It is easy to see a problem and become overwhelmed. However, instead of taking the easy way out, and allowing the issue to grow, we should tackle it head on. Keeping a positive attitude can help us to be overcomers. Although they make life hard, problems can actually be a good thing. Choosing to be a part of the solution can force us to use our creativity, show empathy, and make us strong. Firstly, difficulties push us to become creative. The COVID-19 pandemic has brought with it illness, poverty, and food shortages. Many people have lost their jobs and are struggling to survive.

By choosing to rise above their unfortunate circumstances, some of these people have tapped into their talents to create a source of income. They are now able to provide for their families. So much more can be accomplished by having a proactive mindset instead of just sitting around and complaining. Secondly, problems make us humble.

They encourage us to show love for each other. In 2019, hurricane Dorian devastated our country. Some people lost everything. In times of crisis, standing on the sidelines without concern will never bring any resolution. Instead of just feeling sorry for the victims, I decided to become a part of the solution. By donating food, clothing and toys, I was able to make a difference in someone’s life. Finally, life’s challenges keep us strong. Without them we wouldn’t grow. They help us to develop resilience and courage while increasing our faith. Philippians 4:13 says, “I can do all things through Christ who strengthens me.” With this verse as our motto we are sure to find solutions to any problem that comes our way.

In conclusion, I agree with the statement that you can either be a part of the problem, or a part of the solution. Problems are opportunities in disguise. Solution seekers discover their creativity, care for others and build their strength. Always remember, be the solution and not the problem!